



About the “So what, what next?” project

Who is running the project



This project is part of the Transforming Care work. It is the idea of the national Transforming Care **empowerment steering group**.



The empowerment group is supported by the **Local Government Association (LGA)**.



The group asked the organisation **Community Catalysts** to run the project.



Community Catalysts are going to be working with the **Black Country Transforming Care Partnership (TCP)** on the project.

Why we are running this project



Getting people out of hospital is important – but the work doesn't stop there!

Making sure that people have good lives in the community once they are out of hospital is really important. This can make sure people don't go back to hospital.

We think if people are empowered this means that they are:



- Supported to be a part of their community



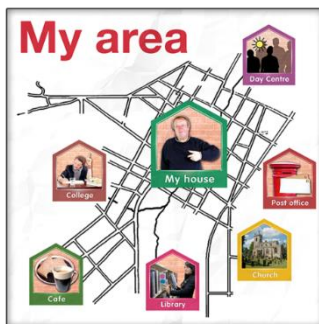
- Able to have relationships and make friends



- Supported to do the things they are passionate about



- Supported to use their skills and passions and contribute these to their community



It can take time and a lot of effort to make good links in the community and do all these things.



This project is about thinking about different ways of doing things. It is about finding new ways of supporting people to have good lives.



This project is about working in ways that really value people and focus on what people CAN do. Not what they can't do.

We think this way of working with people can help lead to lots of good things:



- It can help people become more independent
- It can help people to have dreams and really shine!
- It can help people feel more confident
- It can help people develop natural relationships with other people in their communities – not just with staff and the people they live with

How the project will work

communitycatalysts®
unlocking potential effecting change



Community Catalysts is an organisation that works with people and communities to make good connections and help people work together.

They will work with the Black Country TCP to find people with a learning disability or autism who want to be a part of the work.

The will work with people with a learning disability or autism who have recently come out of hospital and are now living in the community.

They will work with the person, their family and others to help people to do things that they love to do.

This might include things like:

- Setting up a community group
- Setting up their own enterprise
- Leading something in their community



The work will go on until July 2018.



The Local Government Association, the empowerment group and Community Catalysts will share what we learn from the work.



This includes what the project has done to work with people with a learning disability and autism and how this has improved things for the person.

What we want the project to achieve



There are **5 big things** we want to project to achieve. We want to:

1. Empower people with a learning disability or autism to be a part of their communities and explore their passions and dreams.



2. Work in new ways with people to support them to become active citizens in their communities.

3. Show ways of working with people that value people and show what they can do and what they can contribute.

4. Help show professionals and supporters to see things differently and give them ideas about changing how they work.

5. Help show the importance of community inclusion in improving people's quality of life.

To find out more



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