

## Derbyshire health and wellbeing evidence list

Service outcome	Intermediate outcome	What is the question to be answered?	Local evidence (provisional)	National evidence (provisional)
Increased participation in reading, music and arts	More people enjoy the benefits of following a healthier lifestyle	Do these activities have a positive impact on a person's health and/or wellbeing?	BLISS (46) Chesterfield Library Listening Group Oral History Project (32) Arts at the Heart of Wellbeing (55) Books on Prescription	South African Journal of Psychology, 2001  Stockport Arts on Prescription. MMU
Increased participation by those with disabilities, mental health problems and/or learning difficulties	More people do activities which help maintain active minds	Do culture and sport help maintain active minds for members of these groups?	Music in Care Homes (48) Delta Network (50) Buxton Listening Group (51) BLISS (46)	Anglia Ruskin/University of Central Lancashire, 2007
Increased use of library services	More people enjoy the benefits of living at home and those in care homes have the best support	Do library services contribute positively to the lives of housebound people or those in care?	BLISS (46) Arts at the Heart of Wellbeing (55) Gernon Manor case study (25) Equality of Access for Children and Adults (108) Home Library Service (26) Health and Wellbeing Zones (29)	

Increased participation in sport and active recreation	More people enjoy the benefits of following a healthier lifestyle	Do these activities have a positive impact on a person's health and/or wellbeing?	Swim 4 Life (201) General Participation Programme (56)	
Increased participation by older people	More people participate fully in community life	Do culture and sport help older people to participate more in community life?	Chesterfield Library Listening Group Oral History Project (32)	